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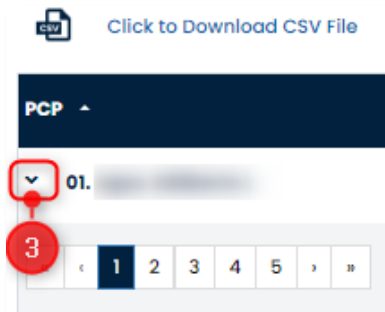
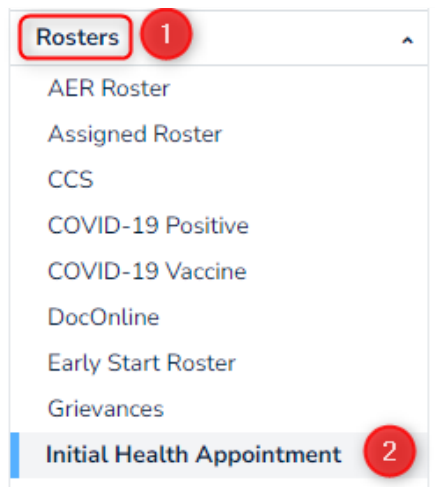
To: Medi-Cal PCPs and IPAs
From: Provider Relations
Date: April 23, 2026
Subject: **REMINDER: Initial Health Appointment (IHA) Roster**

The Department of Health Care Services (DHCS) requires that **all newly enrolled Medi-Cal Members must receive an Initial Health Appointment (IHA):**

- Members **ages 0-18.99 months** must receive an IHA within the **first 60 days of enrollment with IEHP.**
- Members **ages 19 months and older** must receive an IHA within **120 days of enrollment with IEHP**

NOTE: If the member is not seen by the IEHP-deemed age-appropriate due date for members ages 0 – 18.99 months, please continue efforts to see the member within 120 days of IEHP enrollment to meet the Department of Health Care Services (DHCS) requirements.

The Initial Health Appointment (IHA) roster is available via the Provider Portal:



1. Select Rosters
2. Select Initial Health Appointment
3. Click the arrow next to the PCP name
4. Member names and information will populate, including the IHA due date.

Total Members: 1,311

Member	IEHP ID	Phone	Address	Age/DOB	Effective Date	Assessment Due
						04/30/2024

A red circle with the number 4 is placed over the 'Assessment Due' date in the table.

Key Reminders:

An IHA:

- Must be completed within 120 days of plan enrollment or within 12 months prior to Plan enrollment/PCP effective date when changing assignment to a new PCP.
- Must be performed by a Provider within the primary care setting
- Is not necessary if the Member's Primary Care Physician (PCP) determines that the Member's medical record contains complete information that was updated within the previous 12 months.
- Must be provided in a way that is culturally and linguistically appropriate for the Member.
- Must be documented in the Member's medical record.

An IHA must include all of the following:

- A history of the Member's physical and mental health
- An identification of risks
- An assessment of need for preventive screens or services
- Health education
- Diagnosis and plan for treatment of any diseases.
- Initial Member Risk assessments related to the health and social needs of members.
 - An assessment of at least one (1) of the following risk assessments must be completed within 120 days of the effective date of enrollment into the health plan or PCP effective date (whichever is more recent), or within the 12 months prior to Plan enrollment/PCP effective date:
 - Health Risk Assessment (HRA)
 - Social Drivers of Health (SDOH)
 - Adverse Childhood Experiences (ACES) birth to 64 years old) or Pediatric ACES and Related Life-Events Screener (PEARLS) children 0-19 years old
 - Or a Cognitive Assessment (65 years and older)

Questions? Please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email ProviderServices@iehp.org

IEHP communications can be found at: www.providerservices.iehp.org > News and Updates > Notices